# Gorkha Development Scheme Health & Education in Gorkha, Nepal

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www.nepal.co.uk

Registered Charity number: 1069611

# Welcome to Issue 5 of the GDS Newsletter

Following the devastating earthquake which first hit Nepal on 25<sup>th</sup> April 2015 are would like to inform you of the fantastic response to our appeal, and to let you know how the money raised has been spent on many projects which the Gorkha community have requested.

# £10,000 raised in the UK and spent in Gorkha Thank You



Sarita - Charity Secretary and leader of GWA lost her home

The earthquake took the lives of thousands and left hundreds of thousands homeless. As tremors continued for months after so did the trauma which affected so many – especially children.

The district of Gorkha was very badly affected and it seemed impossible for our small charity to be able to help. However, as we have established links and bank account in Gorkha, the local knowledge of what was needed as priority to help the community in some way, and the transfer of money meant we really could help

# So how was the money spent?

- Tarpaulin for 100 families for emergency shelter (tents were impossible to source)
- Galvanised sheeting for emergency classrooms for TEN schools helping hundreds to get back to school. We bought the sheets, they built the shelters
- Solar lamps for our 30 sponsored children (24 of which had lost their homes)
- Health kits and solar lamps for 300 families in remote area where little help had reached.



Solar lamp for homework and for family

- Sponsoring of 50 children for this year many have suffered badly mentally and physically
- Specific sponsorship by Mr and Mrs Hook for 14 children for all of their school years which is fantastic and very kind.



Ron and Isabel Hook kindly sponsor 14 children

If you would like to contact us, please visit our website or email info@nepal.co.uk

 Winter jumpers for winter for 300 children in Shree Mahendra and Schools. It gets to near freezing in Gorkha and no heating anywhere!



All children wear uniform but can rarely afford jumpers

- We were thrilled when teacher Sarita who also runs Gorkha Women's Association, was well enough to restart and run two funded hygiene programme in rural schools – now more important than ever to teach the basics of hygiene in a fun and interactive way.
- More hygiene classes planned in near future



Simple teeth cleaning as part of the hygiene programme

- For the local hospital where wards for the 50 patients are still tents they requested blankets so we bought 100 for winter
- Our first 3 wheelchairs bought for the hospital
   more will follow if they need them.



Without these wheelchairs at the hospital, patients have to be carried

### Committee in Gorkha.

None of this could have happened without the work and dedication of our Committee in Gorkha. They too have suffered trauma with Sarita losing her home. However, they have worked in their own time to support others, gathering to prioritise projects, find prices, apply to us and then buy and distribute all that was needed to people who need it most.

THANK you to our friends in the committee in Gorkha –
Perusotum, Badri, Sarita, Laxman
Yong Kumar and Ram Kumar

So, now you can see that we have made the best use possible of your kindness in supporting people in Gorkha. Everything is bought at local prices – 150 Rupees to £1.00 goes a long way which is why we have been able to do so much with the money raised through-

- Donations via Paypal and bank transfer
- Open Gardens, teas, cakes, plant sales and raffles with great prizes
- Foliage Christmas Wreath sales
- Horticulture Club talks
- Quiz nights Writtle College and Writtle village
- Personal donations
- GIFT AID thanks to all that complete the gift aid form when you donated or bought plants etc which will help raise an extra 25%.



Quiz night in Writtle with Naomi

## Your help means more than you can imagine

Further donations are welcomed via PayPal through our website <a href="www.nepal.co.uk">www.nepal.co.uk</a> contact us <a href="mailto:info@nepal.co.uk">info@nepal.co.uk</a> Facebook:- gorkhadevelopmentscheme